

# Kirk Community Center Groups and Classes

*Please email the church office for additional information*  
[gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

*The Kirk Community Center is open to everyone. It is free. Those who lead or teach do so for free. We like to explore various topics, learn new things, help others, and hang out with people. You are invited to get to know your neighbors and be a part of what's happening at the KCC.*

## **MONDAYS 11 am – 12 pm**

## **SCRIPTURE AND COFFEE**

On [Zoom](#) – Hosted by Marilyn Johns, led by Janet James. A lively discussion of the Biblical passage for the upcoming sermon.

## **MONDAYS 1:30 – 3 pm**

## **CREATIVE EXPRESSIONS**

In-person – Led by Sandra O’Neill. Join with others for painting and encouragement in whatever art medium interests you.

## **TUESDAYS 11:55 am – 1 pm**

## **KIRKTOWN UKES**

In-person – Led by Kay Cox and Tina Bechtle. Bring your ukelele and have some fun strumming with a lively group!

## **TUESDAYS 1 pm**

## **BRIDGE GROUPS**

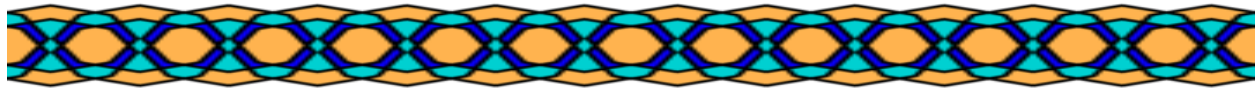
In-person – Facilitated by Tina Bechtle and Ellen Welthy. All experience levels are welcome to come and play. Bring a friend!

## **SECOND TUESDAYS 6 pm**

## **THEOLOGY ON TAP**

In-person at Rare Olde Times, 10602 Patterson Ave. – Led by Russ Kerr. Come for dinner and a beverage, hear an interesting speaker, and engage in discussion.





**FOURTH TUESDAYS 7 pm**

**TGK BOOK GROUP**

On [Zoom](#) – Led by various people. Books are chosen several months in advance. All are welcome to join in the discussion.

**FIRST WEDNESDAY 1 - 3 pm**

**CREATIVE FELLOWSHIP ART CLASS**

In-person – Facilitated by Robin Ricketts and Jan Schreiber. Come join this open studio time to explore your artistic express and share your ideas. Bring your current painting or drawing project and find inspiration in fellowship with other artists. Some supplies are available, but we encourage you to bring your own.

**THURSDAYS 9:30 – 10:30 am**

**TAI CHI FOR HEALTH**

In-person – Steve Sawyer, instructor. Tai Chi is a graceful, gentle form of exercise that's now used for stress reduction and a variety of other health conditions. This class is for beginners. People can participate through sitting or standing. Everyone is welcome.

**We encourage new folks who are interested to come and either try Tai Chi or just observe!**

**THURSDAYS 10:30 am – 12 pm**

**CHAIR YOGA**

In-person – Robin Ricketts, instructor. This weekly class enjoys the benefit of yoga's stretching and breathing exercises. Participants are urged to exercise within their comfort level. Persons of all ages and abilities are welcome.

**THURSDAYS 5:30 pm**

**HANDBELL CHOIR PRACTICE**

In-person – John Donelson, leader.

