

GROUPS AND CLASSES

MONDAYS 11 AM – 12 PM - SCRIPTURE AND COFFEE

Zoom - Hosted by Marilyn Johns. Join us for a lively discussion of the Biblical passage for the upcoming sermon.

MONDAYS 1:30 – 3:00PM - CREATIVE EXPRESSIONS **In person** - Teacher Sandra O'Neill. Welcome Back! Our current projects include spring-themed paintings. Easter-themed paintings and cards; and starting beach/lake paintings (including special sandy finishes). Have an idea? Come and share! For more info: oneillstudio@comcast.net

MONDAYS 7 -8:30PM - ART BY HAND: Knitting & Handiwork

In person in the Blue Room - 1st & 3rd Monday of each month. Hosted by Liz Barham We invite all knitters, crocheters, cross stitchers, needlepointers, or hand quilters to join. If you want to learn, people are available to teach you.

TUESDAYS 10:30 – 11:30AM - CHAIR YOGA

In person - Robin Ricketts, instructor. This weekly class enjoys the benefit of yoga's stretching and breathing exercises. Participants are urged to exercise within their comfort level. Persons of all ages and abilities are welcome. Masks are optional.

TUESDAYS 1:00PM - BEGINNING BRIDGE

In person - Ellen Welthy and Tina Bechtle, facilitators. Individuals with some knowledge of bridge are welcome to come play, and further their knowledge of the game.

TUESDAYS 1:00PM - LEARN HOW TO PLAY BRIDGE

In person - Tina Bechtle, facilitator. Individuals who want to learn how to play bridge are welcome. No previous knowledge required. Bring a Friend! Join the fun for free.

WEDNESDAYS 1—3:00PM - CREATIVE FELLOWSHIP: ART CLASS

In person - Robin Ricketts & Jan Schreiber, facilitators. Meets the 1st Wednesday of each month. Come join this open studio time to explore your artistic expression and share your ideas. Bring your current painting or drawing project and find inspiration in fellowship with other artists. Some supplies are available but we encourage you to bring your own.

THURSDAYS 10AM-11AM - TAI CHI FOR HEALTH

In person - Steve Sawyer, instructor. Tai Chi is a graceful, gentle form of exercise that's now used for stress reduction and a variety of other health conditions. This class is for beginners. People can participate through sitting or standing. Everyone is welcome.

We encourage new folks who are interested to come and either try Tai Chi or just observe!

Photography notice: *Please be aware that photographs are taken at things happening around the Kirk. These are used in various ways, including social media and print publications. If you are uncomfortable having your photo taken or shared, please let us know, either by notifying anyone you see taking a photograph or a church leader on site, or by emailing gaytonkirk.intern@gmail.com.*