



## 2023 Kirk Community Center GROUPS AND CLASSES

Please email the office for additional information

[gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

*The Kirk Community Center is open to everyone. It is free. Those who lead or teach do so for free. We like to explore various topics, learn new things, help others, and hang out with people. You are invited to get to know your neighbors and be a part of what's happening at the KCC.*

**MONDAYS 11 AM – 12 PM - SCRIPTURE AND COFFEE**

**ZOOM** - Hosted by Marilyn Johns and Pastor Janet James. Join us for a lively discussion of the Biblical passage for the upcoming sermon. [marilynjohns2@gmail.com](mailto:marilynjohns2@gmail.com)

**MONDAYS 1:30 – 3:00PM - CREATIVE EXPRESSIONS at The Gayton Kirk**

**In person** - Teacher Sandra O'Neill. Currently working on acrylics. For more info: [oneillstudio@comcast.net](mailto:oneillstudio@comcast.net)

**MONDAYS 7 -8:30PM - ART BY HAND: Knitting & Handiwork at tHe Gayton Kirk**

**In person in the Blue Room - 1<sup>st</sup> & 3<sup>rd</sup> Monday of each month.** Hosted by Liz B. We invite all knitters, crochet-ers, cross stitch-ers, needlepoint-ers, or hand quilters to join. If you want to learn, people are available to teach you. [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

**TUESDAYS 10:30 – 11:30AM - CHAIR YOGA at The Gayton Kirk**

**In person** - Robin Ricketts, instructor. This weekly class enjoys the benefit of yoga's stretching and breathing exercises. Participants are urged to exercise within their comfort level. Persons of all ages and abilities are welcome.

Masks are optional. [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

**TUESDAYS 1:00PM - BEGINNING BRIDGE at The Gayton Kirk**

**In person** - Ellen Welthy and Tina Bechtle, facilitators. Individuals with some knowledge of bridge are welcome to come play, and further their knowledge of the game.

[gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

**TUESDAYS 1:00PM - LEARN HOW TO PLAY BRIDGE at The Gayton Kirk**

**In person** - Tina Bechtle, facilitator. Individuals who want to learn how to play bridge are welcome. No previous knowledge required. Bring a Friend! Join the fun for free.





## TUESDAY EVENINGS

### FIRST TUESDAYS 1st and 3rd Tuesdays 7PM

**ZOOM** “Why We Do the Things We Do” an Enneagram Class. - Janet James, teacher.  
[tgkpastor@gmail.com](mailto:tgkpastor@gmail.com)

**SECOND TUESDAYS 6PM - THEOLOGY ON TAP -in person and off campus** at Mi Jalisco, 10482 Ridgefield Parkway, Richmond, VA 23233. Betty Meador and Bland Weaver, leaders.  
[mycenter615@yahoo.com](mailto:mycenter615@yahoo.com)

### THIRD TUESDAYS 1st and 3rd Tuesdays 7PM

**ZOOM** “Why We Do the Things We Do” an Enneagram Class - Janet James, teacher.

**FOURTH TUESDAYS ZOOM 7PM - THE GAYTON KIRK BOOK GROUP DISCUSSION**  
We select and read a book each month to discuss. Lots of different books. Lots of fun, honest discussion. (It is not required to read the book in order to attend the discussion.)  
[tgkpastor@gmail.com](mailto:tgkpastor@gmail.com)

## WEDNESDAYS 9:45 - 11AM A SURVEY OF THE HISTORY OF WORLD WAR 2 (6 WEEKS)

**In person** - Bland Weaver, teacher. [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## WEDNESDAYS 11AM - 12 “Grounded” a study of Diane Butler Bass’s book

**In person** - Jan Chesnut, teacher. [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## WEDNESDAYS 1—3:00PM - CREATIVE FELLOWSHIP: ART CLASS

**In person** - Robin R. & Jan S., facilitators. Meets the 1st Wednesday of each month. Come join this open studio time to explore your artistic expression and share your ideas. Bring your current painting or drawing project and find inspiration in fellowship with other artists. Some supplies are available but we encourage you to bring your own.  
[gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## THURSDAYS 10AM-11AM - TAI CHI FOR HEALTH

**In person** - Steve Sawyer, instructor. Tai Chi is a graceful, gentle form of exercise that's now used for stress reduction and a variety of other health conditions. This class is for beginners. People can participate through sitting or standing. Everyone is welcome.  
**We encourage new folks who are interested to come and either try Tai Chi or just observe!**  
[gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## THURSDAYS 1 - 2PM - STUDY OF THE GOSPEL OF MARK

**in-person** Hunter Hill, teacher [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## THURSDAYS 6:30 PM - HANDBELL CHOIR PRACTICE

**in-person** - led by John Donelson [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

## THURSDAYS 7:00 PM - “Jesus’ Alternative Plan” a study of Richard Rohr’s book

**ZOOM** - please contact the office for information to join the class [gaytonkirk@gmail.com](mailto:gaytonkirk@gmail.com)

